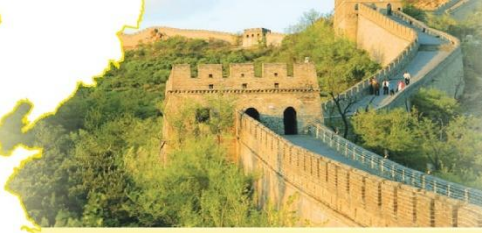


CHINA



7D Classic Tibet Scenic Tour LHASA + SHIGATSE



UNESCO Potala Palace

As the world's highest ancient palace, it is the largest and most complete of its kind, showcasing the grandeur of Tibetan architecture and culture.



Tashi Lhunpo Monastery

It is the largest Buddhist monastery in Shigatse as well as one of the Great Four Holy Monasteries of Tibet, and houses the world's largest gilded statue of the Future Buddha.



UNESCO Jokhang Temple

The oldest and holiest architecture in Lhasa with a history of 1,400 years. Being the spiritual center and the ultimate pilgrimage destination for Tibetan.



Yomdrok Lake

(Free Drone Photography)

One of the Great Three Holy Lakes in Tibet. The surrounding landscape of mountains and plains perfectly frame this lake for the best photos.



Karola Glacier

One of Tibet's three major continental glaciers, it lies just 300 meters from the main highway connecting Lhasa and Shigatse, offering a dramatic scene of snow and ice visible from the road.



Namtso Lake

It is Tibet's largest saltwater lake, and also one of the highest lakes in Tibet. Often described as being next to heaven because of its lofty altitude, stunning beauty, pure blue water, and spiritual associations.

HONGTHAI Presents



Photo Shoot

in Tibetan Costume



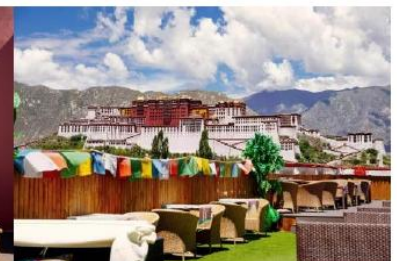
Potala Palace at Night



DIY Tsampa



Lhasa Old Town Tea House + Afternoon Tea Section



DAY	ABF	LUNCH	DINNER	CITY	LXA7 4★ Hotel or Similar class
	7D (6ABF, 5 L, 6D)				
1	-	✱	✓	Lhasa	2N4★ Tibet Hotel VIP Building < Diffused Oxygen Room >
2	Hotel	✓	✓		4★ Schery Hotel <Oxygen-equipped Room>
3	Hotel	✓	✓	Shigatse	3N4★ Tibet Hotel VIP Building < Diffused Oxygen Room>
4	Hotel	✓	✓	Lhasa	
5	Hotel	✓	✓		
6	Hotel	✓	✓		
7	Hotel	✱	-	Wish you enjoyed your 7D holiday!	

Effective from AUG'25

LXA7_CN_18-Jul-25

- In the event of unforeseen circumstances like the bad weather, the tour leader or local guide concerned possesses full discretion to change the tour sequence or cancel some itineraries.
- There will be free 1N CKG/CTU Hotel stay, If flight in out CKG/CTU
- Due to Lhasa is at high altitudes (over 3500m), Please refer to our "Tibet Travel Guide" for details.
- Your understanding on the limited conditions of some restaurants in Tibet is very much appreciated.
- In the event of any discrepancy between the English and Chinese itineraries, the Chinese version shall prevail
- Tipping for Tibet local guide & driver total is RMB¥60/D/P



康泰旅行社

6533 1788

#02-121, #04-25/26 珍珠坊
电邮订位服务: enquiries@hongthai.com.sg
www.hongthai.com.sg

*订团须知规则, 请参阅订单 /
Tour Booking Form



D1 Singapore ✈ Lhasa (3650M)

- # There will be free 1N CTU/CKG hotel stay, if flight by CKG or CTU IN/OUT
- # A free portable oxygen tank will be distributed to all customers upon arrive at Lhasa and head to hotel rest.
- # There is an oxygen cylinders provided on the bus to bring you a more safety trip during your stay at Tibet Plateau.

D2 Lhasa ~ Zaki Temple ~ UNESCO- Jokhang Temple ~ Barkhor Street ~ DIY Tsampa

Experience ~ Photo Shoot in Tibetan Costume Free 10 soft copy photos

- **Zaki Temple:** It is the only one temple of the God of Wealth in the whole Tibetan region, keeps a small scale but has been received quite good attendance with free charges.
- **Jokhang Temple:** It is the oldest and holiest architecture in Lhasa with a long history of 1,400 years. Being the spiritual center and the ultimate pilgrimage destination for Tibetan, it has attracted many pilgrims to worship and circumambulating around.
- **Barkhor Street:** one of the most famous places to go shopping in Lhasa as well as the best place to go to get authentic, local-made souvenirs from Tibet.
- **DIY Tsampa DIY:** Tsampa is the most uniquely Tibetan of all foods. Special arrange to hands-on experience in preparing traditional dishes like tsampa. You'll learn to roast barley, grind it into flour, and mix it with yak butter tea to create the doughy staple.
- **Photo Shoot in Tibetan Costume:** A special arrangement to experience something new—dress in traditional Tibetan attire and capture memorable photos while exploring Lhasa's old town, immersing yourself in the local culture.

<Make-up service excluded>

D3 Lhasa ~ UNESCO- Potala Palace ~ Tibet Museum ~ Thousand Buddha Cliff ~ Old Town Tea

House Incl Afternoon Tea Set

- **Potala Palace:** As the world's highest ancient palace, it is also the largest and most complete of its kind, showcasing the grandeur of Tibetan architecture and culture. Spanning 13 hectares with over 1,000 rooms across 13 stories, it has served as the winter residence of the Dalai Lamas since the 7th century.
- **Tibet Museum:** It is the first large, modern museum in the Tibet Autonomous Region, home for a rich collection of prehistoric cultural relics like Buddha statues in different postures, imperial jade seals, gold albums, gifts granted by emperors, colorful Thangkas, and various printed Sanskrit and Tibetan scriptures. <Closed on every Monday>
- **Thousand Buddha Cliff:** also known as Chakpori Hill, it is a site renowned for its Buddhist carvings and is a popular destination for pilgrims and tourists, and features numerous Buddha statues and inscriptions carved into the cliff face.
- **Tea House:** You can just relax and bath in the sunshine on a cup of tea at the old town tea house, take your time, relax, and soak in the local atmosphere. it could be a perfect place to rest your feet while having something to bite on having visited the Potala palace.

Entrance ticket of Potala Palace is under discretion of palace management. You may be entering the palace in different groups, subject to visitation time.

D4 Lhasa ~ (est 2.5hrs) Yamdrok Lake (4440M) ~ Free Fixed-Point Drone Photography ~ Photo Stop at Karola Glacier (5,020m) ~ Manla Reservoir ~ (est 3hrs) Shigatse (3850M)

En tour cross the Gamba La Snow Mountain (4,900m) and take a glance at the Gamba La Radar Station

- **Yamdrok Lake:** one of the Great Three Holy Lakes in Tibet; the largest inland lake at the northern foothills of the Himalayas. The lake has beautiful blue water and is surrounded by snow-capped mountains.
- **Karola Glacier:** One of Tibet's three major continental glaciers, it originates from Mt. Noijin Kangsang (7,191m), one of Tibet's four sacred mountains. As the glacier closest to a highway, one of Tibet's most accessible glaciers; it offers an awe-inspiring view of ice-capped peaks and is a must-see landmark along the journey.
- **Manla Reservoir:** As the first dam in Tibet, it offers a picturesque, fairy-tale-like scene. Its translucent green waters mirror the sky above, creating a stunning artificial lake nestled among the mountains.

D5 Shigatse ~ Tashi Lhunpo Monastery ~ (est 4hrs) Lhasa ~ Night View of Potala Palace

- **Tashi Lhunpo Monastery:** It is the largest Buddhist monastery in Shigatse as well as one of the Great Four Holy Monasteries of Tibet. A historically and culturally significant monastery and home to around 950 monks. It is renowned for its grand monastic architecture and houses the world's largest gilded statue of the Future Buddha.
- **Night View of Potala Palace:** Experience the majestic beauty of the Potala Palace illuminated against the night sky. Enjoy the vibrant music fountain and light show at Potala Palace Square; an enchanting scene with a charm that daytime simply can't offer.

D6 Lhasa ~ (est 5hrs) Namtso Lake (4710M) ~ Incl Shuttle Bus ~ Lhasa

En tour, enjoy a distant view of the majestic Nyenchen Tanglha Mountains (6,000m) and cross Nagenla Snow Mountain Pass (5,190m)

- **Namtso Lake:** Known as the highest saline lake on Earth, Namtso dazzles with its sparkling sapphire waters and hovering seagulls. Take a leisurely stroll along its vast shoreline, with snowy mountains painting a stunning backdrop.

Note: In case of adverse weather, the visit to Namtso will be replaced by a tour of Drepung Monastery and Norbulingka Palace, the treasured retreat of previous Dalai Lamas.

D7 Lhasa ~ (est 1hr) Drak Yerpa Monastery (4,885M) ~ Lhasa ✈ Singapore

- **Drak Yerpa Monastery:** It is a large complex of temples, monasteries and meditation caves nested on the mountain. As a hermitage of Tibetan Buddhism, it boasts numerous sacred caves for retreat, this peaceful site offers lovely views and is a great day trip from Lhasa. # There will be free 1N CTU/CKG hotel stay, if flight by CKG or CTU IN/OUT

Wish you enjoy your holiday with Hong Thai Travel

~Tour Sequence subject to airlines & land agent's final arrangement ~ LXA7_CN_18-Jul-25

